

# 1974 Region C-AA Championship at St. Cloud Apollo, Saturday, May 30 & June 1, 1974

**Teams:** Moorhead 161, St. Cloud Apollo 50, St. Cloud Tech 46, Fergus Falls 31, Alexandria 30, Willmar 19, Little Falls 16, Brainerd 2.

## 100

- 1 Tom Luckemeyer, SC Tech 10.1
- 2 Jim Golden, FF 10.3
- 3 Gary Norsteen, Willmar 10.4
- 4 Jim Evers, Moorh 10.6
- 5 Jeff Welker, Willmar 10.7

## 220

- 1 Tom Luckemeyer, SC Tech 22.8
- 2 Jim Golden, FF 23.0
- 3 Jim Evert, Moorh 23.8
- 4 Jeff Faust, LF 24.2
- 5 Gary Norsteen, W 24.2

## 440

- 1 Jim Golden, FF 50.4
- 2 Rich Dahnke, Moorh 50.5
- 3 Paul Peterson, LF 52.1
- 4 Bruce Mogenson, Apollo 52.2
- 5 Jim Fay, Moorh 52.2

## 880

- 1 Mark Pederson, Alex 1:58.9
- 2 Dale Gross, Apollo 1:59.5
- 3 Bob Boeson, Moorh 2:02.0
- 4 Ken Poepping, SC Tech 2:02.2
- 5 Joe Herring, Apollo 2:02.8

## Mile

- 1 Joe Perske, Apollo 4:29.6
- 2 Paul Porter, FF 4:30.4
- 3 Terry Zweiner, SC Tech 4:32.5
- 4 Dwight Dronen, Moorh 4:34.0
- 5 Tom Polisen, LF 4:37.0

## Two Mile

- 1 Pete Bahe, SC Apollo 9:45.5
- 2 Dan Kippley, SC Tech 9:56.0
- 3 Dale Hanstad, FF 9:59.4
- 4 Mark Seifert, LF 10:07.5
- 5 Jim Bauer, Alex 10:08.3

## High Hurdles

- 1 Dave Knutson, Fergus Falls 14.8
- 2 Dana Powers, Mhd 15.2
- 3 Scott Anderson, Alex 15.6
- 4 Tom Pederson, Apollo 15.7
- 5 Ryan Bale, Alex 16.0

## Low Hurdles

- 1 Tom Luckemeyer, SC Tech 20.5
- 2 Tom Pederson, SC Apollo 21.6
- 3 Scott Anderson, Alex 21.8
- 4 Jeff Weiker, Willmar 21.8
- 5 Ryan Bale, Alex 21.9

## 4x220 Relay

- 1 SC Apollo 1:31.6
- 2 Little Falls 1:34.3
- 3 SC Tech 1:35.3
- 4 Willmar
- 5 Brainerd

## 4x440 Relay

- 1 Moorhead 3:26.6 ? 3:25.6
- 2 SC Apollo 3:29.2
- 3 Willmar 3:34.0
- 4 Little Falls 3:37.2
- 5 Brainerd 3:37.8

## Sprint Medley Relay

- 1 Moorhead 3:39.1 (Dave Perry, Dana Powers, Rick Monson, Larry Seljevold)
- 2 SC Apollo 3:44.5
- 3 Willmar 3:45.8
- 4 Fergus Falls 3:47.5
- 5 Little Falls 3:47.5

## Shot Put

- 1 Steve Wonderlich, Moorh 56-6.5 \*\*
- 2 Steve Tobin, Moorh 50-4.5
- 3 Doug Henkes, FF 48-11.5
- 4 Doug Licht, Alex 47-1
- 5 Terry Lewis, Alex 46-5.5

## Discus Throw

- 1 Doug Thompson, Alex 153-7
- 2 Bill Theisen, SC Apollo 148-10
- 3 Steve Wonderlich, Moorh 144-2
- 4 Jeff Lehman, FF 139-4
- 5 Chuck McCain, SC Tech 136-5

## Long Jump

- 1 Tom Luckemeyer, SC Tech 21-4.25
- 2 Rudy McAndrews, Willmar 21-3
- 3 Randy Ogram, Alex 20-5
- 4 Doug Nelson, Moorh 20-4.5
- 5 Steve Atchison, Moorh 19-2.5

## High Jump

- 1 Bob Dale, Moorh 6-2
- 2 Randy Schwegel, SC Apollo 6-2
- 3 Jim Freeman, SC Tech 6-0
- 4 Tom Pederson, SC Apollo 5-10
- 5 Mark Yeager, SC Tech 5-10

## Pole Vault

- 1 Dana Powers, Mhd 13-6 \*\*
- 2 Pete Swanson, SC Tech 13-6 \*\*
- 3 Steve Sylvester, LF 12-6
- 4 Mark Henry, Moorhead 12-0
- 5 Mark Correll, SC Apollo 11-6
- 5 Joe Dzulbinski, SC Apollo 11-6

\* Ties Meet Record

\*\* New Meet Record

**Notes:** Moorhead was coached by James Gotta.

The quality of the microfilm was poor. Please send corrections to the link on the Home page.